

Diocese of Broken Bay

Parish Priest: Fr Jim McKeon
Jim.McKeon@bbcatholic.org.au

Assistant Priest: Fr Aldrin Valdehueza
Aldrin.Valdehueza@bbcatholic.org.au

Our Lady Help of Christians'

31 Oxford Street, Epping

St Gerard Majella's

543 North Rocks Road, Carlingford

Phone

02 9876 2853

Website

eppcarl.org.au

Email

eppcarl@bbcatholic.org.au

Single Donation

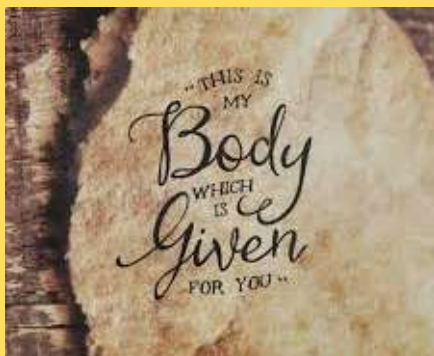
Click here for:

[Weekend Mass Times](#)

[Weekday Mass Times](#)

[Exposition of the Blessed Sacrament](#)

[Sacrament of Reconciliation](#)



Readings

26 MAY 2024

Deuteronomy 4:32-34, 39-40

Romans 8:14-17

Matthew 28:16-20

2 JUNE 2024

Exodus 24:3-8

Hebrews 9:11-15

Mark 14:12-16, 22-26



YEAR B

26 MAY 2024 THE MOST HOLY TRINITY

2 JUNE 2024 THE MOST HOLY BODY AND BLOOD OF CHRIST

OLHC Parish Centre Opening: After years in the making we are now only months away from having a new 95-space car park and three level parish centre comprising a hall, meeting rooms and offices at OLHC Epping. We are planning for two celebrations.

The first will be informal celebrations after every Mass on the first weekend we have access to the building, which at this stage we expect to be July 28th. This will include morning tea or supper, a cake, balloons for the kids and a jumping castle on the Sunday morning.

The second will be the **formal opening and blessing by Bishop Anthony on Saturday August 10th at 9am.**

Please save these dates, and more information will be available soon.



Fr Jim, Deacon Richard, and new OLHC Facilities Manager Richard Dib in the nearly complete OLHC Hall.

Meet Richard Dib (pictured above on the right): This week, we joyfully welcome Richard Dib to our team as Facilities Manager. Richard will play a key role in getting the new Epping site up and running. He brings with him a wealth of experience as a Project Manager, supported by a solid educational and practical background in Building and Construction, including a Diploma from TAFE and a Certificate in Carpentry and Construction. Previously he was Project Director at Macquarie Health.

Richard has successfully led multiple complex projects, demonstrating his expertise in project and facilities management across residential, commercial, and healthcare sectors. His ability to navigate intricate construction challenges is truly commendable.

~continued on next page

Beyond his professional accomplishments, Richard is a devoted husband and an active Maronite Catholic. He has been deeply involved in St Charbel's Parish from a young age. Richard is eager to align his professional work here with his Catholic values and beliefs with, and we are excited to have him on board.

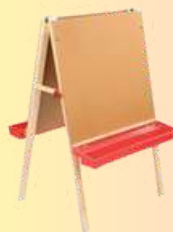


Junior Servers at OLHC: Your albs are now in the south side entry foyer of the church, shown here, which is a more accessible place for you to put on your alb and for your parents to help you. Adult size albs used by some tall teenagers are still in the back sacristy.

OLHC Primary School is coming along nicely!



Donations for OLHC Playgroup



Do you have a kids' play kitchen you don't want? Have your kids or grandkids grown out of their small wooden pedal-free bikes? Do you have a wooden train set in the garage? Or a doll's house? Or some hats and accessories we can use for dress-ups? What about some Tonka Trucks... are they just taking up space in the family room? Any rolls of paper, paints, crayons or chalk crowding the cupboards? Why not reuse and recycle these by donating them to our parish?

Kidzone will be starting in September in our brand new facilities and we need your help to make it interesting for families and their carers. Please consider parting with pre-loved items suitable for preschoolers.

Contact Simone by leaving a message on 0414 753 799 or at Simone.Noel@bbcatholic.org.au for pickup.



PARISH NEWS & UPDATES

*Thank you
Volunteers!*

Volunteering: Thank you to the dozens of people who completed a pink or green volunteer form at Mass last weekend. Your details will be forward to a ministry leader who will then contact you to invite you to join. If you've brought your form back this week you can place it in either collection box in the church, and forms are available at the back of the church if you missed out last week.

St Gerard's Hall: After a recent upgrade that was 90% funded by the NSW Governments Community Building Program, the Parish Hall is available for hire on an individual or permanent basis. Please contact the Parish Office for more information 9876 2853.



Our Devotions Team brings to us:

WALK WITH CHRIST

CORPUS CHRISTI



**SUNDAY
02 JUNE
2024**

**AFTER 9:30 AM MASS
AT ST. GERARD'S**

The Feast of Corpus Christi, also known as the Solemnity of the Most Holy Body and Blood of Christ, celebrates the real presence of Christ in the Eucharist. The Corpus Christi procession on the feast day is one of the ways that we express our devotion to Christ.

Join us for this year's procession across the church grounds at St. Gerard's on June 2nd, following the 9:30 AM Mass. First communicants from the previous year and this year, dressed in their communion attire, are invited to walk alongside the priest, carrying baskets of flowers and scattering the petals along the path of the Blessed Sacrament.

If you would like to participate in the Walk with Christ in Sydney CBD as a parish group, please fill out the form at the back of the church.

Parish Team

Parish Secretary

Marcella Letteri Ph: 9876 2853

Email: Marcella.Letteri@bbcatholic.org.au

Business Manager

Deacon Richard Houwing Ph: 9876 2853

Email: Richard.Houwing@bbcatholic.org.au

Facilities Manager - Epping

Richard Dib Ph: 9876 2853

Email: Richard.Dib@bbcatholic.org.au

Admin. Assistant

Michael Davies Ph: 9876 2853

Email: Michael.Davies@bbcatholic.org.au

Coordinator of Sacramental Programmes, Children's Ministries & Parish Communications

Lynn Siau Ph: 9876 2853

Email: Lynn.Siau@bbcatholic.org.au

Youth Ministry Coordinator

Joanna Mak Ph: 0404 710 588

Email: Joanna.Mak@bbcatholic.org.au

New Parishioner Engagement Coordinator - St Gerard's

Belinda Shi Ph: 0414 753 362

Email: Belinda.Shi@bbcatholic.org.au

Pastoral Worker - OLHC

Simone Noel Ph: 0414 753 799

Email: Simone.Noel@bbcatholic.org.au



New parish email address for general enquiries: eppcarl@bbcatholic.org.au

Please note parish@eppcarl.org.au will be obsolete.



St Vincent de Paul Society
good works

Employed, but Homeless - the New Face of Hardship

2024 Winter Appeal is 'Working Homeless', focusing on the emerging trend of people who are experiencing housing hardship and disadvantage despite being in employment. Please consider donating to the "Vinnie's Winter Appeal" to help the staggering number of people being forced into homelessness every single month in Australia.

How to donate:

- Envelopes will be available on the seats and at the entrance to the Church on the weekend of **2nd June**.
- You are invited to make your donation with the assistance of one of the members of SVDP at the entrance after Mass. They will also be able to accept card donations and provide a receipt straightaway.
- Alternatively donations can be made by completing the 'Vinnies Envelope' and placing it in the 'Second Collection Box'. We will mail the receipt to you.
- Please also note that at St Gerard Majella Carlingford you may make your donation at the 'Piety Store'.

SACRAMENTAL PROGRAMME & CHILDREN'S MINISTRIES



Fr Jim, Fr Aldrin and the Devotions Team would like to invite children and their families to join in a **Eucharistic Procession** after the **9:30am Mass at St Gerard's on the 2nd June**.

The children can first enjoy a wonderful session of **Kidz Word** during Mass and then **morning tea** after the Procession. They are invited to **dress in white** if they wish to, on this day and after Mass, to walk alongside the priest, either carrying baskets of flowers and scattering a trail of petals along the path of the Procession, or carrying a candle which we can provide. It will be an **enriching experience** for our children. We hope you will come and join us!

First Eucharist will be celebrated in our parish at the following dates and time:

- Sunday 9th June at 9:30am St Gerard's Church
- Saturday 15th June at 6pm St Gerard's Church
- Sunday 16th June at 9:30am St Gerard's Church
- Saturday 24th June at 5pm Our Lady Help of Christians' Church
- Sunday 25th June at 10:15am Our Lady Help of Christians' Church



FIRST EUCHARIST 2024

We are approaching the final preparations for the candidates, readying their hearts to receive our Lord at their First Eucharist Mass. The candidates and their parents have been amazing for me to witness, fitting it all in the last 4 weeks through the typical young families' busy schedules, some with illness, some with unexpected challenges and yet still getting themselves to all the preparation sessions.

Everyday life IS the setting for our lives as Christians. In the midst of their busyness, they answered the call of God by doing their best to fulfil the baptismal promises they made to ensure their children know God, learn about their faith and encouraged them to step outside their comfort zone to serve. And so, as I step back and reflect I can't help but feel there is something holy in the seemingly ordinary daily busyness, for I surely discovered it in these parents. ❤️



2024 CONFIRMATION

For children in Year 3 & above who are baptised

Enrolment commences end of June. Please register your interest now to avoid missing out. Contact details below.

Lynn Siau

Coordinator of Children's Ministries, Sacramental Programme & Parish Communications

Lynn.Siau@bbcatholic.org.au

COMMUNICATIONS

Article submission deadline: If you would like to submit an article from your ministry for inclusion in the next edition of our parish bulletin, please send it to Lynn.Siau@bbcatholic.org.au before **10am on Wednesday 5th June 2024**. Kindly understand I am unable to accommodate late submissions. Please send in a Word document. Photos or graphics are acceptable in PNG or JPEG format. Please note that PDFs will have to be reformatted and the clarity of your notice will be compromised. Do provide an email address, a contact name and number in your article. Thank you.

Other ways to connect:



FACEBOOK



INSTAGRAM

eBulletin: If you know someone who would like to receive the electronic version of the bulletin, please forward this link for them to fill in via a desktop, the form on our website: bbcatholic.org.au/epping-carlingford/news-events/parish-newsletter

YOUTH MINISTRIES



Cana (Year 6-9): Cana is on the **31st May and 7th June** at St Gerard's in the parish hall **7:30-9pm**. Entrance via 543 North Rocks Road, Carlingford.



Antioch (Year 10/16 year olds-23 year olds) Antioch will next meet on the **26th May and 2nd June, 6-8pm** at St Gerard's meeting room. All welcome!

Contact parent support if you have any questions: Cres & Lui Yparraguirre Mobile: 0449228514.



Emmaus young adults (23-30 year olds): On the **28th May and 4th June**, Emmaus will join the parish for the faith series on Metanoia. Come along at **7pm**

for free dinner, followed by a video and share groups. Meetings are in the parish hall instead of the meeting room.

Jason Evert in the Diocese of Broken Bay

Jason Evert came down under to Sydney to give several talks at high schools and young adults on chastity and authentic relationships. Hundreds of young adults flocked to hear his talk on **'finding your soulmate without losing your soul'** and Jason shared tips about dating and tips for a healthy loving marriage.

We were also fortunate to hear how Jason's talks in the past have significantly impacted people like Fr Sam French and Simon Carrington and countless other people around the world.

The night concluded with Adoration and Confession available from many of our Broken Bay priests. We also managed to say hi to some familiar faces who wish our parish well! If you want to learn more about Jason's talks and content, he has a website and podcast <https://chastity.com/>



You can also read more about the evening here: www.bbcatholic.org.au/news/latest-news/evert-caps-off-whirlwind-trip-with-talk-to-700-young-adults

For more information on any of our 3 youth groups and our Antioch and Emmaus social media pages, please contact the Youth Minister, Joanna Mak on 0404 710 588 or send her an email at Joanna.Mak@bbcatholic.org.au



IN THE FOOTSTEPS OF
MARY MACKILLOP

PILGRIMAGE
15th - 26th
October 2024

FIND OUT MORE PHONE: (02) 8912 4818
or EMAIL: national.pilgrimage@mmp.org.au
LINK: www.marymackillopplace.org.au



OUR PARISH FAITH FORMATION TEAM RECAPS PENTECOST 2024

Our Parish came together to celebrate Pentecost last Saturday night 18th May at St Gerard's. The event was organised by the Faith Formation Team. The evening after the Vigil Mass began with the Holy Rosary recited in seven different languages, French, Bahasa, Portuguese, Tamil, Tagalog, Cantonese, and English.



This was followed by spirit filled praise and worship led by our Antioch and Emmaus youth. The reading proclaimed was from the Book of the Acts of the Apostles about the Holy Spirit coming to us at Pentecost.

There were also powerful testimonies from Lisa and Joanna.



The event concluded with the Adoration of the Blessed Sacrament.

As always there was abundant food donated by our parishioners for supper!

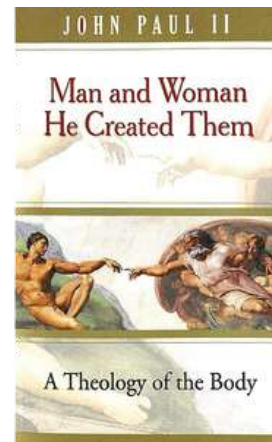


MORE PARISH NOTICES

Gendered Violence: This weekend Fr Jim's homily will reflect on gendered violence, offering the insights of Pope John Paul II's Theology of the Body which can be found at <https://theologyofthebody.net/>

Resources for people impacted by gendered violence can be found at <https://www.bbcatholic.org.au/safeguarding/a-catholic-response-to-domestic-violence> (available in English, Tagalog, Korean and Chinese), and your priests and parish team are here to help if you are in need.

Help is always available at 1800 Respect, <https://www.1800respect.org.au/> Ph 1800 737 732, and <https://mensline.org.au/> offers services for men who struggle with anger and violence and want help to change.



Nametag Sunday: Gentle reminder for Nametag Sunday coming up next weekend, **1st/2nd June**. All Masses. Come with your own nametag or use the labels we provide at the entrance to both churches. Our hospitality team will assist you with huge smiles!

Restoring Palliative Care Funding: Thank you to everyone who signed this petition earlier this year. We were among 11,377 people who signed it. The petition has now been presented in the Legislative Council by The Hon. Susan Carter on 16/05/2024, and forwarded to the NSW Government for a response.

Thank you FOR SUPPORTING THE JRS FOODBANK

Dear the Parish of Epping and Carlingford community,

We would like to extend our heartfelt gratitude for supporting Jesuit Refugee Service (JRS) Australia so generously through donating nappies and gift cards! Your donation has been instrumental in providing essential items to the 150 families we serve weekly through our Foodbank Program.

Your kindness and solidarity has brought joy and hope to those facing hardship, and we are deeply thankful for your support. Your partnership enables us to continue our vital work, empowering individuals and families to rebuild their lives with dignity.

You have spread so much joy through this donation. Thank you for your incredible support, we couldn't do this work without you!

Kind regards,
Zoe Grayan
Community and Schools Engagement Manager



Thank you, Donagh: Secondary SRE Coordinator Trish O'Donnell and Fr Jim recently took Donagh D'Silva to afternoon tea to thank her for her 11 years of Scripture teaching at James Ruse High which crowned her 43 year teaching career.

Could you be our next high school catechist? Contact trish@eppcarl.org.au or Fr Jim

OTHER NOTICES

Celebrations this Week

Ordinary Week 8

27 May Mon: *St Augustine of Canterbury*

29 May Wed: *St Paul VI*

31 May Fri: **The Visitation of the Blessed Virgin Mary**

1 June Sat: *St Justin*

Ordinary Week 9

3 June Mon: *St Charles Lwanga and companions*

5 June Wed: *St Boniface*

6 June Thur: *St Norbert and St Marcellin Champagnat*

7 June Fri: **THE MOST SACRED HEART OF JESUS**

8 June Sat: *The Most Immaculate Heart of Mary*

Synodality is a word the Church now uses to describe the collaborative and listening way of being Church which Pope Francis is championing. An online seminar by Fr Agbonkhanmeghe Orobator SJ, Dean of the Jesuit School of Theology at Santa Clara University, Berkeley, California and member of the 2024 Synod on Synodality is on **Monday May 27th 3:30PM** called "Towards promoting theology: What does it mean for us? Webinar Australasian Catholic Coalition For Church Reform & Garratt Publishing". Zoom registration: garratt1.wufoo.com/forms/w1w2x8rk1ea5w2d/

Worldpriest Annual Global Rosary Relay
for the Sanctification of Priests
Friday 7 June 2024
Country: **Australia**
Time: **10:30 am** Local prayer time
Lead Location: Our Lady of the Rosary Cathedral, Waitara - Diocese of Broken Bay, Sydney
Mysteries: **Glorious**
Please use all live streaming video and Facebook Live facilities you may have access to - and help extend your prayer participation to an even greater audience worldwide.
Pray the Rosary, unite with your country and help encircle the world in prayer
The Worldpriest Annual Global Rosary Relay for Priests 2024 - organised and coordinated by Worldpriest. For further information visit our Website: www.worldpriest.com Email: info.worldpriest@gmail.com

World Wide Marriage Encounter
a weekend of discovery... a lifetime of love

We are offering an opportunity for you to learn to become the best version of yourselves together and live your best life in love! Come and join us on **28-30 June** at a Marriage Encounter Weekend in a Covid safe environment at **Mt Carmel Retreat Centre, Varroville, NSW** - a stunning & tranquil oasis on the edge of Sydney.
Book online at www.wwme.org.au or contact Christine & Terry Mahony on 0490 774 419 or nswbookings@wwme.org.au



**BE YOUR
BEST SELF
here**



The Most Holy Trinity - 26 May 2024

Ps 32:4-6, 9, 18-20, 22 Response: Happy the people the Lord has chosen to be his own.

Gospel Acclamation: Alleluia, Alleluia!

Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.

WEEKEND MASSES

Epping	5:00pm Vigil, 8:30am, 10:15am and 7:00pm (Youth)
Carlingford	6:00pm Vigil, 7:45am, 9:30am (Family/Children) and 5:00pm (Youth)

WEEKDAY MASSES

	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
EPPING	-	6:00pm	-	-	-	8:00am	
CARLINGFORD	9:30am	-	9:30am	9:30am	9:30am	-	

EXPOSITION OF THE EUCHARIST: Epping Tuesday 5:00-6:00pm and Saturday 8:30-9:00am
Carlingford Thursday 10-10:30am

SACRAMENT OF RECONCILIATION: Epping Tuesday 5:00-6:00pm and Saturday 8:30-9:00am
Carlingford Thursday 10-10:30am and Saturday 5:15-5:45pm, **OR BY APPOINTMENT at either church**

BAPTISMS AND WEDDINGS: BY APPOINTMENT

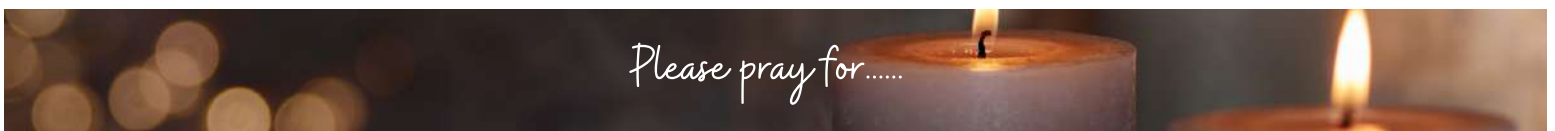
POSTAL ADDRESS FOR THE PARISH OFFICE: PO Box 369, Epping NSW 1710

ST GERARD'S PRIMARY SCHOOL: PH - 7256 2140 Email - sgc@dbb.catholic.edu.au

OUR LADY HELP OF CHRISTIANS' PRIMARY SCHOOL: PH - 9868 3322 Email - olhc@dbb.catholic.edu.au



Healing Mass: 1st Tuesday of the month, 10am at St Gerard's Meeting Room, Carlingford



For those who are sick and suffering (new requests):

- Elizabeth Barton
- Estelle Moses
- Leonie Oliver
- Bev Gibbeson
- Eileen Taylor
- Elena Green



From the McArdles on Peter McArdle and Cohen Hadden: Peter is in remission. He has seen his oncologist and his surgeon and they informed him there is no sign of cancer in the two areas treated. We are all very delighted and happy with the news. We thank you for your prayers for Peter and ask for your continued prayers as there is still a possibility his bladder cancer (3rd cancer) will return. Cohen is another story. He is seeing different specialists for his disease which has now affected his heart. The little guy is also having difficulty settling into school and study. Prayers needed for Cohen.

Our parish Prayer Ministry also has a private group on Facebook where you can post your requests directly or email us to do so. Please feel free to join this private group if you would like to pray for someone or for your own intentions: <https://www.facebook.com/groups/2660800900909668> or via QR code on the right.



Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:

Recently deceased - Claude Rigney, Bernard Higoe, Grace Spyrou (Kevin Siau's aunt - Kevin and family thank everyone for your prayers and support these past months.)

Anniversaries - Wong Shui Chee, Sarah & Phillip Curry, Richard Mulhare, Patrick (Pat) Hall (Margaret Hall's husband)

Also for - Sarah & Phillip Curry, Richard Mulhare

The Most Holy Body and Blood of Christ - 2 June 2024

Ps 115:12-13, 15-18 Response: I will take the cup of salvation, and call on the name of the Lord.

Gospel Acclamation: Alleluia, Alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.